Newsletter #3
2016

Hi,

I apologize that it had taken me so long to get the last Newsletter out to you. It is difficult for me to find someone that is willing to help me translate the Swedish version into English. I wish I had a secretary to help me with all my correspondence, but I don't have the means for such a luxury. This is how it goes . . . first I get the Newsletter information from "out there" in their language, then I translate it into Swedish, then hopefully I can find someone to help me translate it into English and finally into all the other languages that the Newsletter needs to go out to.

It seems like it has been very slow and everyone is tired, but now we are hoping for the best. I have now received one part of the complete layout for the planning of what is to come. The planning includes things about the upcoming travels, the participants in the Universal White Time Healing Level 5 class and the NET 10 classes. It also shows the people who have gone to the Beyond 5 & 6 classes, which is now counted in and new in the planning. There are also certain people mentioned on the lists of going out that has been circulating around.

In this Newsletter is a round circle with a Palette of Signs that is very important for the Shift.

Palette of Signs

The Palette of Signs is supposed to be copied on white paper or plastic (overhead projector sheets). If you use white paper, you will need to copy it twice and glue the Palette back to back with a thin piece of fishing line in between the two sheets. If you have it copied onto a piece of plastic, make a small hole at the top of the circle away from the signs to attach the fishing line. The reason for the fishing line attached to the Palette is to be able to hang the Palette of Signs in a window. When the Palette of Signs moves or spins, it gives out good energy for new

knowledge, understanding about the New Earth, for you and others. This special energy will be spread around where you are living, but also reach out to other people.

The Palette of Signs can also be laid out in a room. This will absorb to itself information. Certain kinds of news about the Shift and spiritual evolution can be picked up by the Palette of Signs and then be distributed to your subconscious or your dreams. In a conscious way, with very clear insights, pre-cognitive knowing or visions of things.

The middle part of the Palette of Signs is the most active. If you put the Palette of Signs laying down on a flat surface, it can be worked with in different ways.

1. You can place a glass of water or your food on the Palette of Signs. This will open you up more for insights, pre-knowledge about the Shift and spiritual evolution when you drink the water or eat the food.
2. You can also use the Palette of Signs for the water and food that you give your pets. At this time, they might be a little out of balance and anxious.
3. You can balance up the energy for the human body. The Palette of Signs has a very positive affect on coffee, tea, alcohol and chewing tobacco or snuff. It also weighs off sugar from candy, chocolate and substances that might be harmful for your body. At this time, many are desiring or craving things that are not good for the body.
4. You can also use the Palette of Sign's energy for your chakras. Lay a laminated copy of the Palette of Signs one by one on the chakras. The copy can also be done in colors that represent each chakra. White – highest chakra above the head. Lilac – closer to the head for the crown chakra. Dark Indigo – on the forehead for the third eye. Light Blue – on the throat for the throat chakra. Green – between the breasts for the heart chakra. Yellow – on the solar plexus for the solar plexus chakra. Orange – on the navel for the stomach chakra. Red – on the base chakra. Sand – between the knees. Brown – between the feet.

5. You can place a candle or a tea candle in the middle of the Palette of Signs to get an exchange of knowledge from the Universe! This is good for channeling, communication with your guides and guardian angels. By using the Palette of Signs, you can reach a deeper connection with your New Spiritual Leader.
6. You can use the Palette of Signs with your meditations and prior to going to sleep at night. You can then be downloading information and knowledge in your sleep. The Palette of Signs can be placed under your bed or underneath your pillow.
7. When you are working spiritually with your clients or during your classes, always have the Palette of Signs out. This will facilitate a better understanding for them of the information being taught. This is also a good thing to do for your self when you are studying or taking a test.
8. All the Signs and Symbols that you have received from all the previous Newsletters, can now be put on top of the Palette of Signs one at a time in the middle to make them extra strong, and increase their force and power. It might be a good idea to make the Palette of Signs larger to accommodate all the Signs you might want to place in the middle of the Palette. Even other forms of signs and symbols can for a while be placed in the middle of the Palette of Signs. It can be personal Signs or Symbols that in different ways have been given to you. Signs and Symbols you have you channeled down or have received in classes you have attended, for example, in an Universal White Time Healing Class, Board of Knowledge Class, Board of Gems Class, Beyond Class, etc. It is good for the Esé Sign, your Personal Sign from Board Classes, Signs for the Suns in Beyond 5 and all of your Board of Gems Signs for stones. Morganite and Nuumite are gemstones that physically very good for the Palette of Signs. Use one after the other. Why this works so well is these stones are about spiritual evolving and growing.
9. If you want to use the bigger diamond shape and the Palette of Signs together, place them face-to-face or Signs to Signs. All the Signs on the diamond shape will be intensified.
10. Later on when you get your personal "going over" Sign, it should be placed on top and in the middle of Palette of Signs.

Your name and address will be gathered at a later time for the distribution of your personal going over Sign.

Palette of Signs Ceremony

There are many ways while performing ceremonies and also initiations by focusing on the Palette of Signs. There are different combinations when using the Palette of Signs with meditations. If you want to do a meditation for Mother Earth, see below.

For the Ceremony for Mother Earth you prepare by getting an essential oil and a candle. You will start with the oil. The oil can be a scented oil or massage oil. To charge the oil, it should rest on the Palette of Signs for four hours. Use a bottle of purified water that is bought, a carafe of water, or a pipette bottle, etc. It is preferable to use mineral water. Charge the water on the Palette of Signs for two hours. For the ceremony, the charged candle should stand on the Palette of Signs for at least 20 minutes or longer with a maximum being 2 hours. More Palette of Signs and candles can be charged and used for the ceremony.

As we have said, for the Mother Earth Ceremony you prepare things first at home, and then you can choose after that, if you want to, work inside or outside.

The Palette of Signs and the candle should be the focus and act as the middle point. Sit or stand around that middle point. A drop of oil is put on the third eye chakra of each person participating in the ceremony before the ceremony starts. The charged water is served in small portions to each person after the ceremony is completed.

Mother Earth Ceremony

Say these words out loud: ***"We have gathered here today for Mother Earth. We are honoring her and want to help and support her. This ceremony is our gift to her. We want through this ceremony to prepare Mother Earth and ourselves for the shift to a higher dimension. This is our unique spiritual evolution and her new possibility. We now prepare ourselves and the entire humanity for this upcoming big shift."***

The Palette of Signs for Initiations in Groups

The Palette of Signs and focus can be used for different types of initiations. For example: for yourself, for an individual or here as a group. The group initiation is done with water, oil and a candle in the same way as described above. Always use the Palette of Signs as your focus as the middle point. Prepare the water, oil and candle as described and stated above.

At the group initiation the participants are sitting in a circle with the Palette of Signs in the middle with a candle resting in the center of the Palette. Place a drop of oil on each participant's third eye before the ceremony begins. In this group initiation, you hold an extra copy of the Palette of Signs. A copy of the Palette of Signs is given to each participant one by one. Have everyone relax and be in peace and quiet and then close his or her eyes.

Say these words out loud: ***"Hereby, I ask to open up the Palette of Sign's inner mystery and force. Let its manifesto and knowledge flow to all the participants. Let the knowledge of the Universe come down to us and prepare us for our spiritual journey to a higher dimension. Let us through the shift, become true members of a bigger community – the Universe. Let us for a moment gather and take in the new knowledge that we need for this journey."***

At the end of the ceremony, each participant drinks a small portion of the charged water.

Palette of Signs Meditation

With the help of the Palette of Signs, you can create many different forms of meditations. For example: for Mother Earth, the Shift, the Spiritual Evolution, the New Earth and any of your own choices. In this case, the Palette of Signs special Mother Earth meditation is made for global insight and a bigger understanding. It is in this way, because if you know what is going to happen, you will not be afraid of the coming changes. The New Earth is already perfect and in balance, so instead,

we want now to support Mother Earth for her big process to go over to the New Earth.

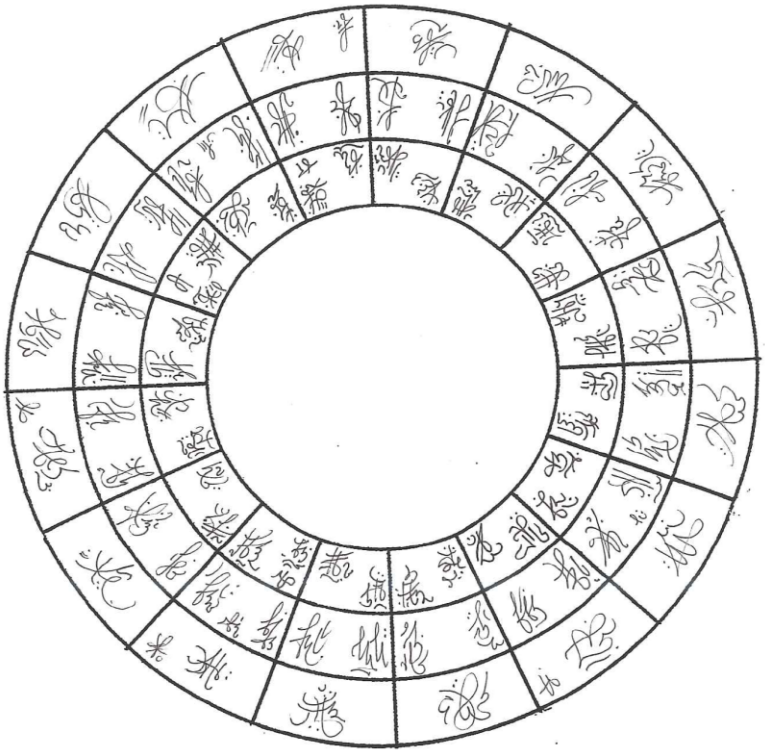
Prepare for the mediations by using the oil, water and the candle as you have above as well as how you have prepared them. Place a drop of oil on each participant's third eye before the meditation begins. Let the participants sit in a circle with the Palette of Signs in the middle as the focus point. Everyone has his or her eyes closed and you lead the meditation or you can put on a soft, slow recording of the meditation presented below.

Meditation:

- Begin the meditation by taking down a really bright/sharp white light from above. It is almost blindingly white.
- Take down this white light into your crown chakra and slowly throughout your entire body.
- Fill up the inner of your body with this white light until you have become or the light itself.
- Focus now on your heart chakra and the light that is there.
- Open yourself to the Universe and then start to travel out into the Universe.
- Travel all the way to the Central Sun that is in the Universe.
- Float to the Central Sun until you are right below it.
- Ask for one golden ray for Mother Earth.
- You will carry the ray inside your heart chakra all the way back.
- Float and land on Mother Earth and hold your hands in front of your heart chakra.
- Now see the golden ray in your hands. Hold the ray like a baby in your hands and it lights up and spreads out in all directions.
- Relax and take in the feeling of the force of the ray and you will feel the weight of it in your hands.
- *"You are a part of the Universe, the Life of Everything, the All and the New that is coming. You are connected to Mother Earth with your life. She is feeding you and now you want to give something back to her, a unique gift of light, the Central Sun's holy light."*
- In your <u>thought</u> and with humbleness, lay down the ray of light on the ground.
- See how Mother Earth absorbs this light into herself.

- ❖ Once again, take in the white light from above into your crown chakra and fill your body that is here on Mother Earth.
- ❖ Now come back once again into your body sitting in your chair.

End the meditation by each participant drinking a small portion of the charged water.



Hugs - Channie